

Intros

LKB Soup	£4-00
Roquefort, Pear, Walnut and Chicory Salad	£5-00
Caesar Salad	£5-00
Bruschetta, Parma Ham, Figs, Rocket	£5-00
LKB Prawn Cocktail	£5-75
Duck Rillettes, Piccalilli, Sour Dough Bread	£5-00
Red Onion Tarte Tatin, Warm Pant-ys-Gawn Goat's Cheese	£5-00
Moules Mariniere	£6-75
Confit Belly Pork, Seared Hand Dived Scallop, Cauliflower Puree, Curry Oil	£8-00
Gower Coast Lobster and Avocado Cocktail	£10-00

Small or Large Plates

Gnocchi, Wild Mushrooms, Tarragon Cream	£5-75/£10-50
Smoked Haddock and Spring Onion Risotto, Poached Egg, Curry Oil	£5-75/£10-50
Butternut Squash Tortelli, Sage Butter	£5-75/£10-50
Braised Beef Tortelloni, Roasted Root Vegetables	£5-75/£10-50
Oysters, Chilli Dressing	£6-00/£11-00
Gower Salt Marsh Lamb, Root Vegetable and Bean Stew, Rosemary Bread	£6-50/£12-00

Please note that this is a sample menu and that from time to time certain dishes or ingredients are restricted due to market availability.

A discretionary 10% service charge will be added to all bills

Stove

Warm Baked Feta, Butternut Squash, Roasted Peppers and Filo Pastry, Rocket and Pine Nuts	£8-00
Pan Fried Calves Liver, Hot Mustard Mash, Beans and Pancetta, Crispy Onions	£12-00
Poached and Roasted, Monmouthshire Free Range Chicken Breast, Creamed Potato, Wild Mushrooms, Tarragon Butter Sauce	£12-00
LKB Fish 'n' Skinny or Thick Hand Cut Chips, Mushy Peas, Fresh Tartare Sauce	£12-00
Curried Baked Local Cod Fillet, Cauliflower, Sweet Potato and Chick Pea Dahl	£13-50
Char-Grilled Pork Loin Medallion, Confit Pork 'Pomme Anna', Baked Pancetta and Treviso, Apple Puree	£14-00
Slow Cooked Welsh Lamb Shank, Bubble 'n' Squeak	£14-00
Pan Fried Local Wild Seabass, Warm Chorizo, Squid and Potato Salad, Caper Dressing	£15-50

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Grill

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8oz Salmon Fillet	£8-00
8oz Butterflied Chicken Breast, Rocket, Tomato and Chilli Jam	£9-00
1lb Whole Rainbow Trout	£9-00
1lb Whole Grilled Plaice	£12-00
8oz Tuna Steak	£13-50
8oz Breconshire Venison Steak	£14-50
Gower Salt Marsh Lamb Cutlets	£15-50
8oz Rib Eye Steak, Plum Tomato, Portabella Mushroom	£16-00
8oz Welsh Sirloin Steak, Plum Tomato, Portabella Mushroom	£18-00
LKB Mixed Grill, Plum Tomato, Portabella Mushroom	£19-50

Our Rib Eye and Sirloin Steaks are all served with one of the following:
Thick Hand Cut or Skinny Chips, New Potatoes, Rocket

Side Orders

Seasonal Vegetables	£2-50
Baby Spinach	£2-50
Mash	£2-50
New Potatoes	£2-50
Skinny Chips or Thick Hand Cut Chips	£2-50
Tomato and Red Onion Salad	£2-50
Garlic Ciabatta	£2-50
Rocket and Parmesan Salad	£3-00
LKB Mixed Salad	£3-50

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